

About the herbs

3 groups of herbs in the formula.

1st - these herbs kill parasites, their larvae and their eggs. Some herbs are better at killing some parasite species than others. All of them must be used together for complete parasite removal.

2nd - these herbs are the purifiers. They clean up the mess and help the body remove all the toxins caused by the parasites. Some clean the blood, while other clean specific organs. These have been chosen not only for their ability to purify but to also for their anti-parasite properties.

(see Pau D' Arco)

3rd - digestion and colon helpers. Parasites, larvae and eggs are removed from the body through the colon. During parasite removal, the digestive system is working extra hard to expel parasites and toxins – this group helps to keep the digestive system running smoothly. Again, some of these have been chosen for their ability to not only to keep things flowing smoothly, but also for their dual action qualities (see Senna).

The parasite terminators

BLACK WALNUT– The green hull of the Black Walnut contains tannin which is an organic iodine as well as juglandin, juglone and juglandic acids. It has been used for centuries to expel various types of worms including parasites that cause skin irritations – such as ringworm. It oxygenates the blood, which also helps to kill parasites. Black Walnut is very effective against tapeworms,

pinworms, candida albicans (yeast infections) and malaria. It is also effective in reducing sugar levels, and helping the body rid itself of toxins.

WORMWOOD—The MOST POWERFUL of the parasite killing herb kingdom. It is most effective against roundworms, hookworms, whipworms and pinworms. Wormwood contains the toxins thujone and isothujone which are the components that kill parasites. Wormwood also contains santonin which is known as a remedy for parasitic diseases. It is the second most bitter herb known to man and has been proven as a POWERFUL remedy for malaria. Wormwood also contains sesquiterpene lactones, which work similar to peroxide by weakening the parasites membranes therefore killing them. Wormwood also helps produce bile, which in turn helps the liver and gallbladder.

NEEM—Neem is a common Ayurvedic aid in preventing and ridding the human body of parasites. People regularly drink neem tea as a prophylactic measure against intestinal parasites. A more serious case calls for a stronger decoction of neem leaves. Compounds in neem inhibit the parasites' ability to feed, thus interrupting their life cycle and preventing new parasites from hatching.

CLOVES - Cloves contain eugenol, caryophyllene, and tannins which are powerful anti-microbial properties – these components are what actually travel in the bloodstream killing microscopic parasites and all parasitic larvae and eggs. Eugenol is the most powerful anti-microbial agents known. Eugenol kills all microscopic protozoa and removes parasite eggs in every stage of

development. Cloves are tremendously effective in killing malaria, tuberculosis, cholera, scabies and other parasites, viruses, bacteria and fungi including candida. Cloves also destroy *Pseudomonas aeruginosa*, all species of *Shigella*, staph and strep.

THYME – Thyme contains thymol, carvacrol and flavonoids which are effective in killing bacteria (such as fungal infections ie: yeast infections) and are especially effective in killing hookworms, roundworms, threadworms and skin parasites. Thyme also destroys *Cryptococcus neoformans*, *Aspergillus*, *Saprolegnia*, and *Zygorhynchus* species. AND *Salmonella typhimurium*, *Staphylococcus aureus*, *Escherichia coli* and other bacterial species. As an antibiotic, thymol is 25 times more effective than phenol, but much less toxic. Thyme is the primary ingredient in LISTERINE MOUTHWASH because of its germ killing power. It is anti-viral and anti-fungal.

GARLIC - Garlic can slow and kill, more than sixty types of fungi and twenty types of bacteria, including some of the most potent viruses known to man. Garlic alone can help in controlling parasites. Garlic has a history of being able to kill parasites and control secondary fungal infections; detoxify and gently stimulate elimination; it also has antioxidant properties to protect against oxidation caused by parasites' toxins. Allicin and Ajoene, are the components in Garlic that kill parasites including the one-cell varieties as well as pinworms and hookworms. Garlic has antimicrobial activities (including anti-bacterial, anti-viral, anti-fungal, anti-protozoal, and anti-parasitic) that kills: *B. subtilis*, *E. coli*, *P. mirabilis*, *Salmonella typhi*,

methicillin-resistant Staph aureus, Staph faecalis, salmonella enteritidis, and V. cholerae ,staphylococcus, Escherichia, Proteus, Salmonella, Providencia, Citrobacter, Klebsiella, Hafnia, Aeromonas, Vibrio and Bacillus genera. Garlic is also very effective against Mycobacterium tuberculosis. Garlic also kills Microsporum, Epidermophyton, Trichophyton, Rhodotorula, Torulopsis, Trichosporon, Cryptococcus neoformans, and Candida, including Candida albicans. Garlic also has anti-amoebic and anti-protozoan properties and is especially effective against Entamoeba histolytica and Paramecium caudatum.

FENNEL - This herb is known to be anti-parasitic. Fennel Seed is used to help remove and expel Parasites and their waste and from the body. Fennel is also very effective against Candida Albicans.

CAYENNE – Capsicum is the component in cayenne that destroys parasites. It is a very effective herb for the elimination of parasites.

GINGER – The components of gingerol (zingiberone, bisabolene, camphene, geranial, linalool and borneol) found in ginger are what destroys parasites including the roundworm, the blood fluke the anisakid worm, and bacteria including salmonella.

GENTIAN – This herb is wonderful for ridding the body of parasites including plasmodia which is the malaria causing parasite . It is more effective than quinine. Gentian is also good for treating anemia and counteracting the effects of parasite toxins in the body by stimulating the liver to produce more bile.

HYSSOP - Hyssop contains an essential hormone oil which is very effective in destroying a variety of parasites and is very effective against the herpes simplex virus.

BODY & BLOOD PURIFIERS - REMOVES TOXINS & RESTORES THE BODY

MILK THISTLE– The component that causes Milk Thistle to help in toxin clearance is silymarin. Milk Thistle aids in toxin clearance by promoting healthy liver cell regeneration and its antioxidant action protects against cell damage from toxins. Milk Thistle is most helpful for the body to clear toxins given off by parasites.

MARSHMALLOW ROOT– Marshmallow Root contains a great amount of mucilage – meaning when Marshmallow Root gets wet, it get very soft and sticky and soothes the mouth, throat, stomach and intestinal tract. When the parasites are dislodged from tissue, they leave an open sore – the Marshmallow Root covers these sores so there will be no irritation.

PAU D' ARCO- Pau d'arco is used for Candida yeast infections (and other fungal infections) ,viral infections and parasitic infections. Also cystitis, prostatitis, ringworm, gonorrhea, and syphilis. Pau D' Arco is one of the MOST POWERFUL ANTIOXIDANTS and immune system stimulates in the herbal kingdom.

BURDOCK - Removes accumulated waste (toxins) from

the skin, kidneys, mucous and serous membranes. A very effective blood purifier, Burdock is wonderful for head, face and neck skin problems including, eczema, psoriasis, boils, carbuncles, styes, sores and dermatitis. Burdock is anti-bacterial, anti-fungal and anti-microbial. It removes streptococcus and many species of fungi including ringworm.

ELECAMPANE – This herb is to the lungs what Marshmallow Root is to the digestive tract. It is a natural expectorant which helps to coat and soothe the lungs as impurities are coughed up. Elecampane also has an anti-bacterial effect that purifies the lungs.

FENUGREEK – Works very much like elecampane with an added blood purifying quality.

LICORICE - Licorice is also an expectorant and demulcent just like elecampane and fenugreek. It also is an anti-inflammatory, anti-spasmodic and mild laxative. It purifies the organs, the endocrine system and especially the liver.

THE COLON & BOWEL HELPERS

BARBERRY – The ingredients of Barberry - berberine, columbamine, and oxyacanthine have anti-bacterial and anti-viral properties with some suggestion that berberine sulfate might be amebicidal and trypanocida. Research indicates that berberine is specifically effective against cholera, giardia, shigella, salmonella and E. coli. The berberine, aids in the secretion of bile and is good for liver problems, that is also a mild laxative, and helps

the digestive processes. Berberine also fights Staphylococcus, Streptococcus, Salmonella, Shigella and Escherichia Coli, cholera and chronic candidiasis (yeast). Berberine is highly bactericidal, amoeboidal and trypanocidal. Barberry is antihelicobacter, fungicidal and anti-parasitic Barberry acts in the same way as chloramphenicol, a commonly prescribed antibiotic drug. Barberry helps to purify the respiratory and digestive systems and also has a anti-parasitic effect.

CASCARA SAGRADA - Also known as Buckthorn, Cascara Sagrada stimulates increased wavelike contractions of the large intestine. Cascara has also been known to expel parasites through its wavelike actions in the lower intestines and is highly recommended for parasite removal. It is anti-virul. Cascara Sagrada is considered one of the safest laxatives and is useful in detoxifying the colon.

SENNA - Senna is a powerful laxative that is excellent for expelling worms. Senna works best when combined with other anthelmintic herbs, such as ginger or fennel. These herbs increase regularity and reduce the chance of bowel cramps due to senna's strong action. Senna effectively cleans the elimination system and has a vermifuge action that repels parasites. (Senna is the ingredient in many over the counter laxatives, including Fletcher's Castoria™, Senokot™ and Innerclean Herbal Laxative.)

SAGE - Sage has the power to relax the muscles lining the digestive tract. Sage contains relatively high levels of thujone, which is the same ingredient in wormwood that kills parasites. Sage is also used to increase circulation

and is considered to be an excellent remedy for poor digestion and stomach problems.

PSYLLIUM - Removes toxins from the colon and is especially useful in cleaning out all of the pockets that are in the colon wall. Psyllium swells up to 50 times it's size and is powerfully effective in removing waste and toxins from the colon.

YELLOW DOCK – Works as a laxative, but unlike other laxatives, yellow dock also promotes bile flow which purifies the blood and is rich in digestible iron which helps restore the body.

CRAMP BARK - The components of Cramp Bark (Vitamin K, viburnin, isovalerianic acid, hydroquinines, coumarins, salicin, salicosides, arbutin, sterol, tannin, and resin) greatly calms gastrointestinal cramping by relaxing the smooth muscles. It also greatly helps general muscle cramping. This will reduce any cramping that might occur while your colon is working to expel parasites.

PEPPERMINT – Peppermint is well know for relieving indigestion, but it also relaxes the stomach muscles, relieves gas and is also good for nausea and vomiting. Peppermint also has anti-parasitic properties.

TOTAL 2,950 mg per daily serving. Dosage is 2 capsules in the morning and 2 more capsules 12 hours later. Take it at least 30 minutes before meals - this ensures that the parasites get the parasite killing herbs instead of your good food!